



Healthbridge Office - 804-368-3400

Jack Anderson, Care Coordination Manager - 804-316-6606

HealthVisions MD Office - 804-893-7800

HealthBridge and **HealthVisions MD** have partnered to offer you enhanced services to help you maintain your health and assist you with meeting your healthcare needs. HealthBridge specializes in remote patient monitoring, chronic care management, and the transition of care after discharge from a hospital. Our team provides an overall assessment of factors that affect your health. We monitor your vital signs and give you ready access to qualified health personnel (QHP).

- This service is in addition to your HVMD clinic appointments.
- You will receive a personal device (ie. blood pressure cuff, scale) at no charge to use in your home to monitor appropriate vital signs. We monitor your vital signs remotely on a daily basis to make sure you are stable.
- HealthBridge will work with Health Visions MD, specialists and other members of your care team to help you meet your desired goals.

This service will include:

- **An initial home visit** to assess your overall health and demonstrate our simple devices to ensure your comfort with their use.
- **Telephone calls/Telemedicine visits** from a HealthBridge team member. During these calls/visits we will talk to you about:
 - Any healthcare issues
 - Vital signs data
 - Your chronic diseases and how to identify when things are getting worse
 - Your follow up appointments or tests you may need
 - Medications for proper usage, side effects, refills, cost, etc
 - Lab tests and results
 - Healthcare goals and what we need to do to achieve them.
- **Communication** with your Physicians, Hospitals, Emergency rooms, and other healthcare services to coordinate your care to keep you stable and healthy. Communication is a key element to good healthcare, but is typically lacking in our system. We strive to improve communication for your betterment.